

# KINDNESS TREE

Show your community spirit by participating in the [Skokie Spirit Shines Through](#) campaign. We're supporting the Village of Skokie to uplift our neighbors and the Skokie community during this difficult time.



## Before You Begin

Have a conversation about kindness. Being kind to others, and to ourselves, is important. It shows that we care, appreciate, and recognize one another. How do you feel when you are kind to others? How do you feel when others are kind to you? How can we show kindness? Acts of kindness can help to lift the spirits of our families and community in times of grief and uncertainty and help us share in this moment together, even as we remain physically apart.

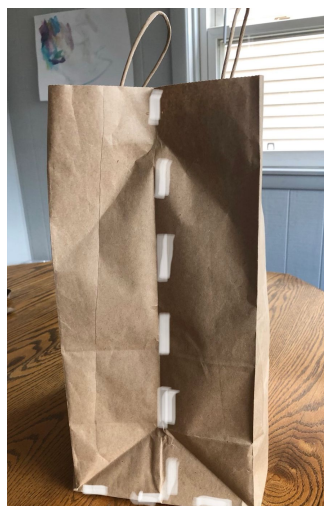
## Supplies:

- Paper grocery bag
- Colored construction paper
- Scissors
- Glue or tape
- Colored pencils, crayons, or markers



## Instructions:

- Start with a paper grocery bag (or construction paper). Use your scissors to cut down the crease on each side of the bag, and along the bottom side creases, until it lies flat.



- Draw the outline for your trunk and cut it out. With the remaining paper, cut out long and short strips for your branches.



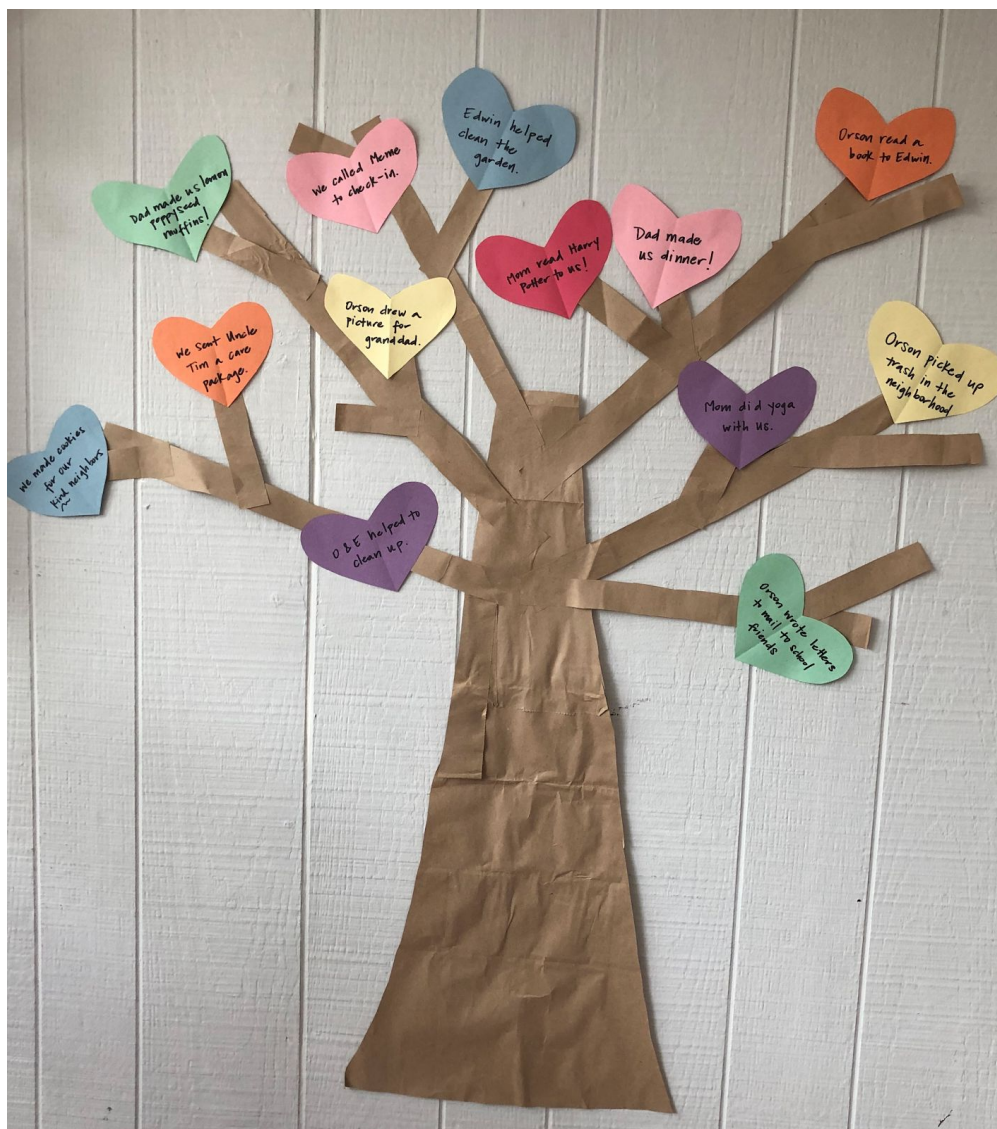
- Begin gluing your branches on the tree. Depending on how you wish to design your tree, you may want to cut your strips into smaller pieces.



- Just as you did in the [Mosaic Hearts activity](#), cut out small hearts from colored construction paper. On each heart, you can write an act of kindness that you, or someone close to you, has done. For instance, "Dad made us dinner" or "We sent Uncle Tim a care package." Acts of kindness can be individual or group efforts.



- Find a place to display your tree--on a wall, or even in your window for your neighbors to see and be inspired.



[Inspired by this PBS activity.](#)